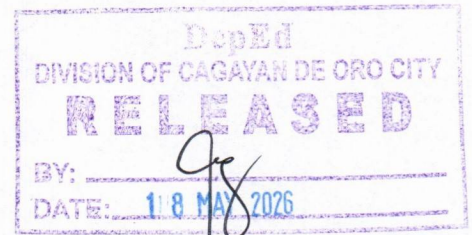




Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY



Office of the Schools Division Superintendent

25 May 2026

DIVISION MEMORANDUM
No. 496 s. 2026

UNIFIED TRAINING ON IMPLEMENTATION OF ADOLESCENT REPRODUCTIVE
HEALTH AND CASCADE OF KATATAGAN PLUS: A COMMUNITY BASED MENTAL
HEALTH PROGRAM WITH CHILDREN AND ADOLESCENT RISK SCREENER FOR
SCHOOL MENTAL HEALTH PROGRAM

TO: Baldomero Mark B. Meso, III- Medical Officer III
Jeane R. Joson- SMHP focal
Herlie B. Ontoy- SMHP coordinator
Jacel Jane A. Cadusales- SMHP coordinator
Marie Nikki Jo M. Valmoria- ARH focal
Amor C. Fajardo – ARH coordinator
Pacili A. Yañez – ARH coordinator
Juvy T. Importante- RGC
This Division

1. Relative to Regional Memorandum No. 253, s. 2025 dated March 9, 2026, regarding the Unified Training on the Implementation of Adolescent Reproductive Health and Cascade of Katatagan Plus: A Community-Based Mental Health Program with Children and Adolescents Risk Screener for the School Mental Health Program to be held at VIP Hotel, Cagayan de Oro City, from June 1–5, 2026, the above-mentioned personnel are hereby directed to attend the said activity.
2. Attached is the Regional Memorandum for reference and perusal.
3. In adherence to Equal Opportunity Principle (EOP), inclusive and fair treatment are accorded to all personnel regardless of age, gender and sexual orientation, disability, religion, and ethnicity.



Address: Fr. William F. Masterson Ave., Upper Balulang, Cagayan de Oro City
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Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY

4. For information, guidance and compliance.

ROY ANGELO E. GAZO
Schools Division Superintendent

Encl.: N o n e

Reference: N o n e

To be indicated in the Perpetual Index
under the following subjects:

HEALTH EDUCATION

SCHOOL MENTAL HEALTH PROGRAM

DM-160-SGOD-HBO / training on Implementation of ARH and Cascade of Katatagan Plus
May 25, 2026

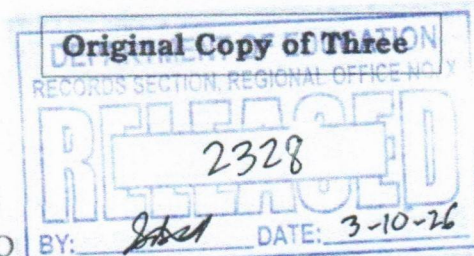


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Republic of the Philippines
Department of Education
REGION X - NORTHERN MINDANAO



March 9, 2026

REGIONAL MEMORANDUM
No. 253, s. 2025

UNIFIED TRAINING ON IMPLEMENTATION OF ADOLESCENT REPRODUCTIVE
HEALTH AND CASCADE OF KATATAGAN PLUS: A COMMUNITY-BASED
MENTAL HEALTH PROGRAM WITH CHILDREN AND ADOLESCENTS RISK
SCREENER FOR SCHOOL MENTAL HEALTH PROGRAM

To: Schools Division Superintendents
All Others Concerned

1. The Department of Education (DepEd) is committed to protecting and promoting the health and well-being of learners. Adolescent Reproductive Health (ARH) and Mental Health are interrelated determinants of learner development, school participation, and academic outcomes. The Regional Office (RO), through the Education Support Services Division – Health and Nutrition Section (ESSD-HNS), will conduct the **Unified Training on Implementation of Adolescent Reproductive Health and Cascade of Katatagan Plus: A Community-Based Mental Health Program with Children and Adolescents Risk Screener for School Mental Health Program** at Cagayan de Oro City, from April 27 to May 1.

2. Katatagan Plus: A Community-Based Mental Health Program, and ARH interventions are complementary. Integrating both programs into a unified capacity-building initiative for division focal persons and schools ensures coordinated, sustainable, and contextualized school and community and school responses. Thus, this activity aims to

- a. To strengthen the mental health promotion, prevention, and early identification mechanisms in schools through the effective cascading and implementation of Katatagan Plus and to identify learners who may be at risk for emotional, behavioral, or psychosocial concerns through the Children and Adolescents Risk Screener.
- b. To strengthen school-based prevention and response mechanisms on teenage pregnancy, and HIV-AIDS through capacity-building on adolescent reproductive health program with establishment of trained Peer Health Navigators in schools.
- c. Promote the integration of Reproductive Health Education (RHE) in the curriculum.

3. This Office invites the following division focal persons for the conduct of the unified training:

- a. (1) Medical Officer III
- b. (1) ARH Focal
- c. (1) ARH Alternate Focal



Address: DepEd Regional Office X, Zone 1, Upper Balulang, Cagayan de Oro City
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- d. (1) School Mental Health Focal
- e. (1) School Mental Health Alternate Focal
- f. (1) Registered Guidance Counselor
- g. (1) Learner Rights and Protection Focal
- h. (1) School Head

4. To confirm participation and attendance, please access this link and fill out the necessary information <https://tinyurl.com/4krxc3vu>. No confirmation of attendance means no attendee.

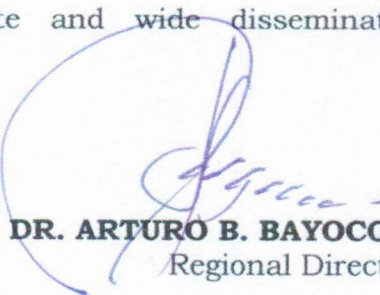
5. Meals, accommodation, and other related expenses may be charged to the downloaded Program Support Funds for Learner Support Program (LSP-PSF) - School Mental Health Program (SMHP) and Adolescent Reproductive Health Program (ARHP) of the Regional Office (RO) while transportation and all other travel and incidental expenses shall be charged to local funds, subject to the usual accounting, budgeting, and auditing rules and regulations.

6. Compensatory Time Off (CTO) will be granted to eligible personnel who rendered services that will fall on weekends and holidays and whose approved CTO credits may be applied during holidays, subject to existing DepEd and Civil Service Commission guidelines.

7. The COS personnel who render authorized overtime services during regular holidays should be allowed to claim overtime pay (or CTO) in addition to the holiday pay due for working on the holiday (CSC-DBM Joint Circular No. 02, s. 2004).

8. For clarifications, please contact Dr. Myra G. Yee at 0917-713-0173, Medical Officer IV, or Lee Nemson Edillon at 0960-422-3819 or email at hnu.regionx@deped.gov.ph.

9. This Office directs the immediate and wide dissemination of this Memorandum.


DR. ARTURO B. BAYOCOT, CESO III
 Regional Director

ATCH.: As stated
 To be indicated in the Perpetual Index
 under the following subjects:

CONFERENCES HEALTH EDUCATION

RE: Unified Training on Implementation of Adolescent Reproductive Health
 and Cascade of Katatagan Plus: A Community-Based Mental Health Program
 with Children and Adolescents Risk Screener for School Mental Health Program

ESSD/leenemson